Lean On Me

Choreographer: BS

~Official GOLD competition dance 2023 - 2024~

Type of dance: 16 Count, 4 Walls, Wheelchair Mambo
Level: Wheelchair Starter
Music: *"Lean On Me"* by Sandro Cavazza
Intro: 16 counts from first beat in music (app. 12 seconds into track)

Counts	Movement descriptions	End facing
1 – 8	**1/8 L, BACKWARDS, 1/8+1/4 R, ARM/HEAD MOVEMENT**	
1 – 2	*Turn 1/8 L, start moving backwards	10:30
3 – 4	Backwards	10:30
5 – 6	Turn 1/8+1/4 R	03:00
7 – 8	Movement with your arms, shoulders or head	03:00
	Count 7-8: move what you can, it can be a hand, arm, head, it's op to you	
9 – 16	**SVIP R, 1/8 L, BACKWARDS**	
1 – 2	Turn 1/8 R	04:30
3 – 4	Turn 1/8 L	03:00
5 – 6	Turn 1/8 L while moving backwards	01:30
7 – 8	Backwards	01:30
	*** When starting the dance again… just keep moving backwards without the 1/8L turn that is written on Count 1 – 2**	