

Counts	Footwork TAG 16 counts after 2 nd and 5 th wall	End facing
1 – 8	Out Out, Jump, Step, Step 2x with arm movements	
1 – 2&	Step R to R side (1), Step L to L side (2), Jump together & put both arms up above head, hand palm facing forward (&)	12:00
3 – 4	Step R forward with both knees bent, start moving both arms downwards to R (3), Step L forward with both knees bent, finish the arm movement downwards to L (4)	12:00
5 – 8	Repeat count 1 – 4	12:00
8 – 16	Push, 2x ¼ Peddle Turn L with knee pops	
1 – 2&	Step R diagonally R forward & push weight forward on ball of R (1), Recover on L (2) Step R next to L (&)	10:30
3 – 4&	Step L diagonally L forward & push weight forward on ball of L (3), Recover on R (4) Step L next to R (&)	12:00
5&6&	Rock R to R side & pop knee out (5), Recover on L (&), Turn ¼ L rocking to R side & pop knee out (6), Recover on L (&)	9:00
7&8	Turn ¼ L rocking to R side & pop knee out (7), Recover on L (&), Close R next to L (8)	6:00

