



# Portland Cha

**Choreographers: Amy Glass (US), Dustin Betts (USA), Jean-Pierre Madge (CH), José Miguel Belloque Vane (NL), Simon Ward (AUS) & Niels Poulsen (DK)**

-Official GOLD competition dance 2023 - 2024-

Type of dance: 64 Count, 2 Walls, Cha Cha - Line Dance  
 Level: Intermediate  
 Music: "Mercy" by Valtn  
 Intro: 32 counts from first strong beat in music (app. 18 seconds into track)  
 Starting position: Weight on L facing 10:30

Counts	Footwork	End facing
<b>1 – 9</b>	<b>Rock Step Back with Flick, Walk R, Cha Cha Fwd, Step ¾ Turn L, Step fwd, Step &amp; Touch</b>	
1 – 3	Rock R back & kick L forward (1), Recover on L & flick R back (2), Step R forward (3)	10:30
4&5	Step L forward (4), Lock R behind L (&), Step L forward (5)	10:30
6 – 7	Step R forward (6), Turn ¾ L stepping L forward (7)	6:00
8&1	Step R forward (8), Step L forward (&) Touch R behind L (1)	6:00
<b>10 – 17</b>	<b>Hold, ½ Unwind Turn R &amp; Pop R knee, Hold, Step Back &amp; Touch Fwd, Hold, Step Back, Coaster Step</b>	
2 – 3	Hold (2), Unwind ½ R keeping weight on L & popping R knee forward (3)	12:00
4&5	Hold (4), Step R back (&), Touch L slightly forward popping L knee forward (5)	12:00
6 – 7	Hold (6), Step L back (7)	12:00
8&1	Step R back (8), Step L next to R (&), Step R forward (1)	12:00
<b>18 – 25</b>	<b>Walk L R, Cha Cha Fwd, Rock Step with Sweep, Sailor ¼ Turn R</b>	
2 – 3	Step L forward (2), Step R forward (3)	12:00
4&5	Step L forward (4), Lock R behind L (&), Step L forward (5)	12:00
6 – 7	Rock R forward (6), Recover on L & sweep R back (7)	12:00
8&1	Cross R behind L (8), Turn ¼ R stepping L to L side (&), Step R to R side (1)	3:00
<b>26 – 32</b>	<b>Hold, Ball ¼ Turn R, Step ¼ Turn R, Botafogo, ½ Turn L, Press Forward</b>	
2&3	Hold (2), Step L on ball next to R (&), Turn ¼ R stepping R forward (3)	6:00
4 – 5	Step L forward (4), Turn ¼ R stepping R to R side (5)	9:00
6&7	Cross L over R (6), Rock R to R side (&), Turn ½ L recovering on L (7)	7:30
8	Press R forward bending R knee forward (8)	7:30
<b>33 – 40</b>	<b>Step back L R L with Sweeps, ¼ Weave Turn R, Hold, Ball, Cross Behind, ½ Turn R, Hold</b>	
1 – 3	Step L back sweeping R back (1), Step R back sweeping L back (2), Step L back sweeping R back (3)	7:30
4&5	Cross R behind L (4), Turn ½ R stepping L to L side (&), Turn ½ R crossing R over L (5)	10:30
6&7 – 8	Hold (6), Step L to L side (&), Turn ½ R crossing R behind L (7), Hold (8)	12:00
<b>41 – 48</b>	<b>Syncopated Weave, Hold, Heel Bounces 4x with ⅝ Turn L</b>	
&1&2	Step L to L side (&), Cross R over L (1), Step L to L side (&), Cross R behind L (2)	12:00
&3 – 4	Step L to L side (&), Cross R over L (3), Hold (4)	12:00
5 – 8	Turn ⅝ L bouncing both heels into floor (5), Turn ⅝ L bouncing both heels into floor (6), Turn ⅝ L bouncing both heels into floor (7), Turn ¼ L bouncing both heels into floor (8)	4:30
<b>49 – 56</b>	<b>¼ Turn L Hip Roll With Cross 4x</b>	
1 – 2	Step R fwd & push your hips L & back (1), Turn ¼ L crossing L over R rolling hip to R & fwd (2)	1:30
3 – 4	Step R fwd & push your hips L & back (3), Turn ¼ L crossing L over R rolling hip to R & fwd (4)	10:30
5 – 6	Step R fwd & push your hips L & back (5), Turn ¼ L crossing L over R rolling hip to R & fwd (6)	7:30
7 – 8	Step R fwd & push your hips L & back (7), Turn ¼ L crossing L over R rolling hip to R & fwd (8)	4:30
<b>57 – 64</b>	<b>½ Jazz Box Turn R, Cross, ½ Turn L Jump, Hold, Heel Bounces 2x</b>	
1 – 4	Cross R over L (1), Turn ½ R stepping L back (2), Step R to R side (3), Cross L over R (4)	6:00
&5 – 6	Jump R to R side (&), Turn ½ L stepping L next to R (5), Hold (6)	4:30
&7&8	Lift heels off the floor (&), step heels down (7), lift heels off the floor (&), step heels down (8)	4:30