



Happy

Choreographer: BS

~Official GOLD competition dance 2023 - 2024

Type of dance: AB 32/64 Count, 2 Walls, *East Coast Swing* - Wheelchair
 Level: Starter
 Music: "Don't Worry Be Happy" by Bobby McFerrin
 Intro: 32 counts from first beat in music (app. 15 seconds into track)
 ABBBBBBBBBBBBBBBB
 Optional movements of the upper body

Counts	Movement descriptions	End facing
SECTION A		
1 – 8	1/2 RIGHT TURN	
1 – 2	Start 1/2 R turn	12:00
3 – 4	Keep turning	
5 – 6	Keep turning	
7 – 8	Finish 1/2 R turn	06:00
9 – 16	1/2 RIGHT TURN	
1 – 2	Start 1/2 R turn	06:00
3 – 4	Keep turning	
5 – 6	Keep turning	
7 – 8	Finish 1/2 R turn	12:00
17 – 24	1/2 LEFT TURN	
1 – 2	Start 1/2 L turn	12:00
3 – 4	Keep turning	
5 – 6	Keep turning	
7 – 8	Finish 1/2 L turn	06:00
25 – 32	1/2 LEFT TURN	
1 – 2	Start 1/2 L turn	06:00
3 – 4	Keep turning	
5 – 6	Keep turning	
7 – 8	Finish 1/2 L turn	12:00
SECTION B		
1 – 8	ROLL BACKWARDS	
1 – 2	Start roll backwards	12:00
3 – 4	Roll backwards	
5 – 6	Roll backwards	
7 – 8	Finish rolling backwards	12:00
9 – 16	1/4 RIGHT TURN, 1/4 LEFT TURN	
1 – 2	Start 1/4 R turn	
3 – 4	Finish 1/4 R turn	03:00
5 – 6	Start 1/4 L turn	
7 – 8	Finish 1/4 L turn	12:00
17 – 24	ROLL FORWARD	
1 – 2	Start rolling forward	12:00
3 – 4	Roll forward	
5 – 6	Roll forward	
7 – 8	Finish rolling forward	12:00

25 – 32	1/2 LEFT TURN	
1 – 2	Start 1/2 L turn	12:00
3 – 4	Keep turning	
5 – 6	Keep turning	
7 – 8	Finish 1/2 L turn	06:00
33 – 40	1/4 LEFT TURN, HOLD	
1 – 2	Start 1/4 L turn	06:00
3 – 4	Finish 1/4 L turn	
5 – 8	Hold, and move your arms, shoulders, or head	03:00
41 – 48	1/4 LEFT TURN, HOLD	
1 – 2	Start 1/4 L turn	03:00
3 – 4	Finish 1/4 L turn	
5 – 8	Hold, and move your arms, shoulders, or head	12:00
49 – 56	1/4 LEFT TURN, HOLD	12:00
1 – 2	Start 1/4 L turn	
3 – 4	Finish 1/4 L turn	
5 – 8	Hold, and move your arms, shoulders, or head	09:00
57 – 64	1/4 LEFT TURN, HOLD	
1 – 2	Start 1/4 L turn	09:00
3 – 4	Finish 1/4 L turn	
5 – 8	Hold, and move your arms, shoulders, or head	06:00

